

## IMPORTANȚA TRECUTULUI

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**Abstract:** History can be considered a process of identity formation. Historical research has been undertaken with the aim of strengthening and supporting the idea of the nation-state, as only the nation-state could provide the necessary cultural unity for the intellectual and economic progress of its members. History is a discipline that defines us all. It teaches us, but we do not always learn from it. Not knowing our past means remaining children throughout our lives. The objective of history is not so much the chronological documentation of events, but rather the presentation and understanding of phenomena: besides detailing events, history seeks to describe, define, and understand, because, although full knowledge of the past is impossible, through it we can still advance to a higher level of understanding. One of the most damaging legacies of communist regimes is the distorted view of history they left behind.

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